

Our hope is that parents, caregivers and educators will view their home first, then community and classes as a garden. We have to water our children with love, kindness, books of knowledge and encouragement, then together we will all BLOOM! Remember, no two flowers or children bloom the same!

There are many different flowers, just as there are many different children with broken hearts, behaviors and developmental intellectual difficulties. I extend to you music that I have been blessed to create, hoping that hearts will be touched in a special way. May one heart touched bless another heart to grow!



Mrs. Teondra Lyles

Thank you Jesus for your love. Thank you for watering me so that I can water others. Mom, Dad, Wesley, Jade, Sydney, Charmin, Terry, Chrissy, Chauncy, David, Grandma, Tonya, Shirl and Marie, I love you. Thank you Mr. and Mrs. Cossia for allowing your children Selena and Cossian to sing with myself and Sydney. The Iknors and my church family, Mr. and Mrs. Lyles, The Newsomes, The Belues, The Geysers, The Davis', Mrs. Brooks, The Francis Howell School District, The Kings Learning Center and other institutions that have welcomed Happy Choices and all Patrons. May God bless you and we sincerely thank you.

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Blooming Like A Flower



Lyrics provided on
[www.happychoices.
weebly.com](http://www.happychoices.weebly.com)

I. BLOOMING LIKE A FLOWER VOL. III

I'm Blooming Like A Flower

I'm blooming like a flower
 I'm growing everyday.
 I'm blooming like a flower,
 Oh water, water away.
 Water me with love and kindness.
 Water me with books of knowledge.
 Water me with encouragement and together
 We will grow.

2. I'm Thankful

I'm thankful for my eyes that see,
 I'm thankful for the food I eat.
 I'm thankful for my hands and feet,
 How I can move my body to a beat.
 I'm thankful for my bed and clothes and
 How my teacher wipes my nose.
 I'm thankful for my mom and dad,
 For everything that I have.

3. Put On Your Thinking Cap

Put on your thinking cap, click-click
 Turn your mouth off and your ears
 On high. (pp)

4. It's Circle Time

It's circle time, please come and find
 a seat.
 It's circle time, no moving hands or feet.
 It's circle time, criss, cross applesauce,
 Hands in your lap, put on your thinking cap.
 It's circle time come and gather around,
 It's circle time, please come and settle down.
 It's circle time listen while I tell you something
 Special that will help you to grow.

5. As Seasons Change

It's a cold day and I know it.
 The branches are glistening everywhere,
 The snow has frozen.
 I'm putting on my happy face, coat and gloves.
 I'm going out to play on this WINTER day!

It's a rainy day and I know it.
 Flowers are blooming everywhere,
 Thanks to the April showers.
 I'm putting on my happy face, raincoat and boots.
 I'm going out to play on this SPRING DAY!

It's a hot day and I know it.
 The sun is shining everywhere, the birds are singing.
 I'm putting on my shorts, tank and shades.
 I'm going out to play on this SUMMER day!!

It's a cool day and I know it.
 The wind is blowing everywhere, the leaves are fallen.
 I'm putting on my happy face and my long
 sleeves, I'm going out to play on this FALL day.
 I'm going out to play on this SUMMER day,
 I'm going out to play on this SPRING day,
 I'm going out to play on this WINTER day!!!

27. Come On Everybody

Come on everybody,
 Move your body.
 Come on everybody,
 Move your body.
 Come on everybody.
 (Repeat 2x)

Snap, snap,
 Clap, clap,
 Come on everybody.
 Clap, clap,
 Pat, pat,
 Move your body
 Come on everybody,
 Move your body,
 Come on everybody.

Clap, clap
 Pat, pat
 Come on everybody.
 Pat, pat,
 Tap, tap
 Move your body,
 Come on everybody,
 Move your body,
 Come on everybody.

Pat, pat
 Tap, tap,
 Come on everybody,
 Stomp, stomp

Jump, jump,
 Move your body.
 Come on everybody,
 Move your body,
 Come on everybody.
 REVERSE !!!

Jump, jump,
 Stomp, stomp,
 Come on everybody.
 Tap, tap,
 Pat, pat,
 Move your body.
 Come on everybody,
 Move your body,
 Come on everybody.

Pat, pat
 Clap, clap
 Come on everybody
 Clap, clap,
 Snap, snap
 Move your body,
 Come on everybody,
 Move your body,
 Come on everybody,
 Shake your body,
 Come on everybody.
 Wiggle your body,
 Come on everybody!!!!

28. "Stay On Track"

Get your stuff, stuff, stuff
 It's time to line up, up, up
 Are you ready to go, go, go
 cause your movin to
 slow, slow, slow,
 Step in line, line, line
 Cause your running out of
 time, time, time
 Put your hands on the side
 Get on the train, it's time
 for us to play the quiet game!
 Choo, Choo....

24. I Can Do It All By Myself

I can do it all by myself .
I don't need nobody's help.
Oh, I can put on my jacket and time my shoes,
I can even help my mama vacuum.

A line leader or caboose,
Those are the jobs I love to do
I don't need nobody's help
My daddy said I can do it by myself.

I can do it all by myself,
Took some time but I can do it.
I can do it all by myself,
I'm cleaning up my room and yes, I'm grooving.
I'm smiling and I'm proud,
I know that it took a while,
But I can do it all by myself.

26. Helping Hands

You have helping hands,
You have helping hands, you do.
You have helping hands,
You have helping hands, its true.

25. Clean up, Clean up

Clean up, clean up, everybody clean up,
Everybody, everybody, everybody tidy up.
Clean up, clean up, everybody clean up,
Everybody, everybody, everybody, tidy up.

Put the toys away, clear off the tables,
Boys and girls I know you're able, to
clean up, clean up, clean up!

Put the crayons away and the books on the shelf,
Come on everybody I need your help too,
Clean up, clean up, clean up!

Clean up! Clean up! Everybody.....

Now slowly look around the room, one last time,
Make sure nothing is left behind,
Help me to CLEAN up, CLEAN up, CLEAN up!

6. We Can Do It Together

We can do it together like the flowers and the bees.
We can do it together like peanut butter and jelly.
We can do it together like leaves on the trees.
We can do it together, yes you and me.

Think about it for a second,
Friends can laugh together,
Friends can sing together,
Friends can read together,
No matter what the weather is, together,
Friends can cry together,
Friends can encourage each other,
Friends can show each other that we can do it together.

We can do it together like the dots on a ladybug,
We can do it together like papa and nana hug.
We can do it together like macaroni and cheese.
We can do it together, yes you and me.

A is for A, apple, apple
B is for B, banana, banana,
C is for C, caterpillar, caterpillar
These are my ABC's.

D is for D, doggy, doggy
E is for E, elephant, elephant
F is for F, fishy, fishy
These are my ABC's.

G is G, gorilla, gorilla
H is for H, hat, hat
I is for I, igloo, igloo
These are my ABC's

J is for J, jumping, jumping
K is for K, kangaroo, kangaroo
L is for L, lion, lion
These are my ABC's

M is for M, monkey, monkey
N is for N, nest, nest
O is for O, octagon, octagon
These are my ABC's

7. ABC's

P is for P, patty cake, patty cake
Q is for Q, quail, quail
R is for R, rooster, rooster
These are my ABC's

S is for S...snake
T is for T, tiger, tiger
U is for U, umbrella, umbrella
These are my ABC's

V is for V, violin, violin
W is for W, water, water
X is for X, X-ray, X-ray
These are my ABC's

Y is for Y, yo-yo, yo-yo
Z is for Z, zebra, zebra
Together we said our ABC's,
Thank you for singing with me.

8. The Counting Song

1 and 2 and 3 and 4
Come on everybody let's count some more.
5 and 6 and 7 and 8
Look at me I'm doing great.

9 and 10 and 11 and 12
Ooooo weeeee, I'm doing swell.

9. Are You a Weed or a Seed?

Are you a weed or a seed blooming or choking others with the things you say or do?
Are you a weed or a seed blooming or withering away because no one is watering you?

Don't be a weed, but a seed growing, being kind watching words that you say.
Don't be a weed, but a seed growing, helping others to bloom along the way.

Don't be a weed, but a seed growing, nourishing everyone around you through the day.
Don't be a weed, but a seed growing, showing others how to bloom the same way!!

10. We Share

We don't snatch we share like the flowers share the rain.
they don't argue, they don't fuss,
they just let the waters help them grow,
so like a flower I will be blooming!

13 and 14 and 15 and 16,
I'm going up higher and yes I'm reaching,
To get to 17 then 18 too, I'm getting kind of tired,
But I'm almost through.
19, 19 here I am, I made it to 20 let's count again!!

21. Bathroom Etiquette 101

When you use the bathroom shut the door.
Shut the door. (rpt)
Don't want no body peeking, don't want nobody
Looking.
When you use the bathroom shut the door.

When your all finish wash your hands.
Wash your hands. (rpt)
Don't want no germs coming, get the
Soap get your hands foamy.
When your all finish wash your hands.

Then you go and get a paper towel.
Paper towel. (rpt)
Dry off your hands put the towel in the trash
And then you go marching back to class.
That's what you do when you use the
Bathroom!!

22. Sleepy Time

Its time to go to sleep,
Oh wont you lay down quietly.
Please close your eyes with me,
We'll float into a quiet sleep.

23. Super Duper Listener!

David is being a super listener.
Terry is being a super listener.
Chauncy is being a super listener.
You need to be a good listener today.
Charmin is being a super listener.
Chrissy is being a super listener.
Wesley is being a super listener.
You need to be a good listener today.
Now it's YOUR turn!

_____ is being a super macaroni
_____ is being a super carrot
_____ is being a super pancake,
_____ be a good listener today.
_____ is being a super strawberry
_____ is being a super corn
_____ is being a super waffle,
_____ be a good listener today.

△ Fill in the blanks with names! △

19. Don't Spread Rumors

I don't spread rumors.
I don't spread lies.
I don't talk about the girls or the guys. (rpt)

Spreading rumors can be a little fun in the
Beginning for everyone.
Except the one that's being talked about,
Makes them want to scream and shout.
So pay attention to what you say.
Don't make another friend have a terrible day.
Watch what you say and do the next rumor
Could be about you.

I don't spread rumors.
I don't spread lies.
I don't talk about the girls or the guys. (rpt)

Say he did this, say she did that is not a
Respectful way to act.
Thinking it's cool, just a funny joke, you
Might need your mouth washed out with soap.
People get hurt in the end, being mean
You'll never win. Spreading kind words
Help others grow, bad rumors
Is a no, no!

20. Icky-Sticky!

Icky, icky, sticky, sticky,
Never do I licky, licky.
Yucky, yucky, ucky,
Never dig up your nose.

Icky, icky, sticky, sticky,
Yes you will get sicky, sicky,
Yucky, yucky, ucky,
Never dig up your nose!

11. Use Your Words

Speak up so you can be heard.
Use your words, use your words.
Speak up so you can be heard.
Use your words, use your words.

No nodding heads or shrugging
Shoulders, boys and girls your growing
Older.

Speak up so you can be heard,
Use your words, use your words.

12. Let's Work It Out

Let's come together and work it out.
Take a few deep breaths no need to shout.
Tell me how you feel let's talk it out.
This problem we have will work it out.



13. I'm A Leaper

I'm a leaper leaping to learn like the frog leaps from pad to pad.
I'm a leaper leaping for the sky like frogs catch flies.
I'm a leaper sometimes a tap, tap, tap, can help you move further.
I'm a leaper swimming in the deep, but making it over,
Cause I know I can.

I'm a leaper there's nothing to it.
I'm a leaper I'm gonna keep on moving it.
I'm a leaper I know I can handle it,
Swimming in the deep, but making it over,
Because I know I can.

You're a leaper there's nothing to it.
You're a leaper you gotta keep on moving it.
You're a leaper I know you can handle it,
Swimming in the deep, but making it over
Because I know you can.

We are leapers there's nothing to it.
We are leapers we gotta keep on moving it.
We are leapers we know we can handle it,
Swimming in the deep, but making it over,
Because we know we can.

14. Walk Away

I'm gonna stay cool like a slow moving snail.
I'm gonna walk away, no need to argue or yell.
Walk away, walk, walk, walk, walk. (rpt)

I'm gonna stay cool like a kangaroo.
I'm gonna jump away, cause that's the thing to do.
Jump away, jump, jump, jump, jump. (rpt)

I'm gonna stay cool, like a bunny or two.
I'm gonna hop away cause that's the thing to do.
Hop away, hop, hop, hop, hop.
Jump away, jump, jump, jump.
Walk away, walk, walk, walk, walk.
Walk away, walk, walk, walk!

15. Keep Your Hands To Yourself

Keep your hands to yourself.
Don't touch anybody else. (rpt)
No hitting or kicking, no pushing or spitting.
Keep your hands to yourself.
Don't touch anybody else.

16. #1 Character Kid

I'm responsible and I know it,
I keep my room cause I want to show it.

I'm independent and I know it I finish
All my work cause I don't want to blow it.

I'm respectful and I know it, I listen to my teacher
Cause I want to show it.

I'm patient and I know it, no temper tantrums
Cause I don't want to blow it.

I am the #1 Character Kid in the nation. (repeat 4x)

I'm honest and I know it, I don't spread lies
Cause I don't want to hurt you.

I'm not a bully and I know it, I'm cool with
Everybody, everyday I gotta show that I am.

I am the #1 Character Kid in the nation. (repeat 4x).

18. Sebastian

Don't be a meany beany, just be a macaroni.
Please be nice, won't you think twice.
Please be nice to me.

17. Bugs Have Feeling Too!

Bugs have feelings too, like me and you oh yes it's true, they do.
Bugs have feelings too.
Bugs have feelings too, like me and you oh yes it's true, they do.
Bugs have feeling too.

I saw a bug crawling one day, stepped on him he said "no way".
I've got feelings just like you,
Take me back home so I can play too.
Bugs have feeling just like you.
Please don't hurt me, I wouldn't hurt you.
Let me go my merry way, so I can have a happy day!

Bugs have feelings too, like me and you oh yes it's true, they do.
Bugs have feeling too.
Bugs have feeling too, like me and you oh yes it's true, they do.
Bugs have feelings too.

I was outside playing one day, fell and hurt my knee.
A little bug came to help me out her name was Lady,
She said stand up tall, dry your eyes, theirs no need to cry.
She winked at me then beat her wings, then said, Bye, Bye!



1. BLOOMING LIKE A FLOWER
2. I'm Thankful
3. Put On Your Thinking Cap
4. It's Circle Time
5. As Seasons Change
6. We Can Do It Together
7. ABC's



Blooming Like A Flower is a musical cd that focuses on the physical, emotional, social, intellectual and character development of a child. Children will learn how to redirect themselves and others while also grasping ways to smoothly transition from one task to another. Activities appropriate for the home and class are also included.

8. The Counting Song
9. Are You a Weed or a Seed?
10. We Don't Snatch
11. Use Your Words
12. Let's Work It Out
13. I'm A Leaper
14. Walk Away
15. Keep Your Hands To Yourself
16. #1 Character Kid
17. Bugs Have Feeling Too!
18. Sebastian
19. Don't Spread Rumors
20. Icky-Sticky!
21. Bathroom Etiquette 101
22. Sleepy Time
23. Super Dooper Listener!
24. I Can Do It All By Myself
25. Clean up, Clean up
26. Helping Hands
27. Come On Everybody
28. Stay On Track
- Instrumentals
29. Come On Everybody
30. I Can Do It All By Myself
31. I'm A Leaper
32. #1 Character Kid
33. Bugs Have Feeling Too!



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